



4753 Spotswood Trail, Penn Laird, VA 22832
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Camps for Ages 6-11

Camp	Ages	Cost \$	Date and Time
Be BOLD ...Be Beautiful...Be YOURSELF! "SPA", confidence-building, gym CAMP!!	8-11	\$ 29.00	JULY 17 SATURDAY 10am - 2pm LUNCH PROVIDED!
<p>Every girl is BEAUTIFUL!!! She just needs to KNOW IT!!!</p> <p>In this one-day camp, we expose the myth of the "perfect" Hollywood star. We talk about what makes a girl pretty (it's way more about confidence and personality.....and way less about make-up and designer clothes). We learn how to care for our skin and hair and nails...how to be naturally beautiful (and age-appropriate). AND...we will play in the gym learning new skills...building confidence physically and emotionally.</p>			
The very PUZZLING , PROBLEM-SOLVING Camp	6-9	\$ 29.00	JULY 26 & 27 MONDAY AND TUESDAY 1:00pm - 3:00pm each day
<p>In this camp we will work their BODIES & MINDS!! MAZES, PUZZLES, MYSTERIES, PROBLEMS TO SOLVE.....WHEW!</p> <p>We pose many problems to the class, and they are tasked with using all their skills to solve them. Some are a brain workout only, but many are in the gym and are a body-brain combination workout! Your little detectives will finish with a better understanding of solving problems... how to approach a dilemma, how to form a solution & how to execute it.</p>			
The Science Experimenting & Kinetic Energy Camp	7-11	\$ 29.00	JULY 31 SATURDAY 10:00am - 2:00pm LUNCH PROVIDED!
<p>In this one-day camp, kids get HANDS ON with SCIENCE! We complete several experiments in chemistry, physics, and geology. They will learn how to "blow" up a balloon (without using their mouths), how to write secret invisible messages with fruit, and MUCH MORE!! AND...we experiment with the ENERGY OF MOTION...KINETIC ENERGY...in the gym. They will learn new skills both academically and physically in this FUN, FAST-PACED, ACTION-PACKED SCIENCE OF THE MIND AND BODY CAMP!</p>			

PRE-REGISTRATION IS REQUIRED. CALL OR COME BY TO RESERVE YOUR CHILD'S SPOT TODAY. SPACE IS LIMITED!