



4753 Spotswood Trail, Penn Laird, VA 22832
 540.433.5437
 www.kinetickidsgym.com

Tumbling Camps for Ages 3-8

Camp	Ages	Cost \$	Date and Time
Tumbling Level 1 Camp	3-8	\$ 90.00	July 12, 13, 15 and July 19, 20, 22 Monday, Tuesday, & Thursday each week 9:30am - 10:50am each day

Been thinking of a gymnastics or tumbling class? Here's your chance!
 A two-week, concentrated Kinetic Tumbling Course.
 Kids work on TUMBLING, HANGING BAR, BALANCE BEAM, SPRINGBOARD, TRAMPOLINE, and more!
 These kids will learn beginning tumbling skills.....work on flexibility, agility, balance, strength, and CONFIDENCE!

Tumbling Level 1½ Camp	3-8	\$ 90.00	JULY 26, 27, 29 and AUGUST 2, 3, 4 Monday, Tuesday, & Thursday each week 9:30am - 10:50am each day
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Does your child have basic tumbling skills?
 Can they do forward and backward rolls unassisted? Do they have the "beginnings" of a cartwheel and handstand?
 Are they wanting to grow these skills? THIS IS THE CAMP FOR THEM!!!
 In this camp, kids will improve on the skills they have already learned. We will work on "next level" tumbling skills as well as forward their abilities on
 HANGING BAR, BALANCE BEAM, SPRINGBOARD, AND TRAMPOLINE!
 These kids will further their tumbling skills.....work on flexibility, agility, balance, strength, and CONFIDENCE!

PRE-REGISTRATION IS REQUIRED. CALL OR COME BY TO RESERVE YOUR CHILD'S SPOT TODAY. SPACE IS LIMITED!